

# MEDICAL SOCIOLOGY (Optional Paper)

Programme	B.A
Subject	MEDICAL SOCIOLOGY
Semester	5 <sup>th</sup> SEMESTER
University	KUVEMPU UNIVERSITY
Session	II

Session 2  
HEALTH GOALS

## Recap of the previous class

- What is sociology
- What is medical sociology
- Definitions of medical sociology
- Historical development of Medical sociology
- Nature and Importance of medical sociology

# Objectives

- The session enlighten the knowledge of health and society
- It shows how health and society are interrelated
- This session's main objective is to give the idea of health goals and the importance of the goals

# Outcome

- By the end of the session students get knowledge of health and society
- Students will understand how health and society are interrelated
- Students get the idea of health goals and the importance of them

# HEALTH-Definitions

- Medical model considers people with disabilities are unhealthy and concentrates only on physical disease and mortality
- An ecological definition says- health is a state in which humans and other living creatures can coexist indefinitely
- Modern health concepts recognize health as more than the absence of disease, but expressing a maximum capacity of the individual for self-realization and self-fulfillment.

Contd.,

- Social medicine and public health approach highlights that one cannot observe only the health of the individuals, but also the health of the groups and the community, and concentrate on the interaction of the individuals with the social environment.
- The holistic concept says that health is contained in the expression of wholeness.
- WHO - health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.
- Since last few decades, the WHO definition of health has been increasingly amended and supplemented by the fourth dimension – spiritual health.

# Health goals

- Health goals can provide direction to health policy
- Guide efforts to improve health
- Help to evaluate progress.
- A "goal" is a statement of a desirable state of affairs.
- Role of the government in framing the goals
- Europe and health goals



## India and Health goals

- ❖ The Indian government adopted the National Health Policy in March 2017 (NHP-2017)
- It provides the highest possible level of health and well-being for all at all ages through a preventive and promoted health care orientation in all developmental policies
- Universal access to good quality health care services without any financial hardship as a consequence”.
- It aims to ensure healthy lives and promote wellbeing for all at all ages.
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Contd.,

- The seven priority areas highlighted in the NHP include-
  - The target is to achieve “Health for All”, and this is the basic objective of NHP 2017
  - health revolution under the aegis of the traditional medicine system in order to enhance affordable and accessible healthcare
  - The primary aim of the NHP 2017 is to inform, clarify, strengthen and prioritize the role of the Government in shaping health systems

# Health 2020 by WHO

- ❖ The 53 countries of the European Region approved a new value-
- Health 2020 focuses on improving health for all and reducing health inequalities.
- Highest attainable standard of health
- Real health benefits can be attained at an affordable cost and within resource constraints
- Using resources efficiently
- improving health for all and reducing health inequalities
- improving leadership and participatory governance for health.

# Contd..

- ❖ Strategic objectives of Health 2020:
  - ❖ Stronger equity and better governance for health
    - Improving health for all and reducing health inequalities
    - Improving leadership and participatory governance for health
    - Working together on common policy priorities for health

# summary

- health
- health goals
- Health goals of WHO, USA, Europe

# MCQ-1

- Health means harmonious functioning of the organs-defined by
  - a. Plato
  - b. Aristotle
  - c. Darwin
  - d. Pindar

Answer: d. Pindar

# MCQ-2

- WHO stands for
  - a. Women health organization
  - b. White house organization
  - c. World health organization
  - d. None of the above

Answer: c. world health organization

# MCQ-3

- Spiritual health means
  - a. satisfaction with our own lives
  - b. system of values
  - c. self-confidence
  - d. All of the above

Answer: d. All of the above



# MCQ-4

- THE CONCEPT OF “POSITIVE HEALTH” created by
  - a. Hippocrates
  - b. Plato
  - c. Aristotle
  - d. Kautilya

Answer: a.Hippocrates

# MCQ-5

- Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity-Defined by
  - a. ILO
  - b. WHO
  - c. UNESCO
  - d. None of the above

Answer b. WHO

# References

- Encyclopedia.com
- U.S. Department of Health, Education, and Welfare (1979). *Healthy People. The Surgeon General's Report on Health Promotion and Disease Prevention*. Hyattsville, MD: U.S. Public Health Service.
- *World Health Organization (1985) Targets for Health for All. Targets in Support of the European Regional Strategy for Health for All*. Copenhagen: WHO Regional Office for Europe.