



**RANI CHANNAMMA UNIVERSITY, BELAGAVI**

**COURSE STRUCTURE AND SYLLABUS  
FOR BACHELOR OF SOCIAL WORK (BSW)**

**w.e.f**

**Academic Year 2016-17 and onwards**

## COURSE STRUCTURE FOR BACHELOR OF SOCIAL WORK (BSW)

(To be effective from the Academic Year 2016-2017)

### SEMESTER-I

Sl. No.	Group	Code No.	Title of the Paper
1	I	1.1	First Language
2	I	1.2	Second Language
3	II	1.3	Introduction to Social Work
4	II	1.4	Social Sciences for Social Workers
5	II	1.5	Psychology for Social Work Practice - I
6	II	1.6	Social Work Practicum - I
7	III	1.7	Indian Constitution

Total for I semester = 700

### SEMESTER-II

Sl. No.	Group	Code No.	Title of the Paper
1	I	2.1	First Language
2	I	2.2	Second Language
3	II	2.3	Work with Individuals and Families
4	II	2.4	Psychology for Social Work Practice - II
5	II	2.5	Social Development through Social Work
6	II	2.6	Social Work Practicum - II
7	III	2.7	Environmental Studies and Human Rights

Total for II semester = 700

### SEMESTER-III

<b>Sl. No.</b>	<b>Group</b>	<b>Code No.</b>	<b>Title of the Paper</b>
1	I	3.1	First Language
2	I	3.2	Second Language
3	II	3.3	Work With Groups
4	II	3.4	Contemporary Ideologies and Social Work
5	II	3.5	Social Work and Health Care
6	II	3.6	Social Work Practicum - III
7	III	3.7	Personality Development

Total for III semester = 700

### SEMESTER-IV

<b>Sl. No.</b>	<b>Group</b>	<b>Code No.</b>	<b>Title of the Paper</b>
1	I	4.1	First Language
2	I	4.2	Second Language
3	II	4.3	Work With Communities
4	II	4.4	Administration of Social Welfare Organisations
5	II	4.5	Disaster Management
6	II	4.6	Social Work Practicum - IV
7	III	4.7	Computer Application

Total for IV semester = 700

### SEMESTER-V

Sl. No.	Group	Code No.	Title of the Paper
1	I	5.1	First Language
2	II	5.2	Social Action
3	II	5.3	Social Work Research
4	II	5.4	Legal System in India
5	II	5.5	Development Communication and Counselling
6	III	5.6	Social Work Practicum - V
7	III	5.7	Social Work Camp

Total for V semester = 700

### SEMESTER-VI

Sl. No.	Group	Code No.	Title of the Paper
1	I	6.1	First Language
2	II	6.2	Social Work with Rural & Tribal Communities
3	II	6.3	Social Work with Urban Communities
4	II	6.4	Women's Empowerment
5	II	6.5	Family Life and Life Skills Education
6	III	6.6	Social Work Practicum - VI
7	III	6.7	Research Project

Total for VI semester = 700

## **SEMESTER - I**

**Paper Code: 1.3**

**Paper Title: INTRODUCTION TO SOCIAL WORK**

**Objectives:**

- a) Understand the basic concepts pertaining to social work profession.
- b) Understand the context and reasons for the origin and development of social work in India and the West.
- c) Understand the rationale, goals, ideals and ethics for bringing about desired social change.

**Course Content:**

### **UNIT I**

Social Work: Meaning, Definition, Scope and Principles. Relation and distinction between Social Work and related concepts such as Social Service, Social Reform, Social Welfare and Social Justice. Brief overview of different Methods of Social Work.

### **UNIT II**

History of Social Work in the West: Origin and Development of Organized / Scientific Charity in the U.K.; Origin and Development of Social Work in the U.S.A.; Efforts towards gaining a Professional status; Models of Social Work: Clinical Social Work, and Ecological Social Work.

### **UNIT III**

Ancient and Medieval History of Social Work in India: Efforts for social change in India through Vedic Ideology, Buddhism, Jainism, Sikhism, Islam, Christianity and Hindu Reform Movements.

### **UNIT IV**

Modern History of Social Work in India: Ideologies of Gandhi, Ambedkar and Indian Constitution; Origin and Development of Social Work Education in India; Social Movements and Social Work in contemporary India; Interface between Voluntary and Professional Social Work.

## UNIT V

Different Fields of Social Work; Career prospects for Trained Social Workers; Role of Professional Social Workers; Emerging Trends in Social Work.

### References:

- Agarwal, M.M. 1998. *Ethics and Spirituality*. Shimla: India institute of Advanced Study.
- Desai, M. 2000. *Curriculum Development on History of Ideologies for Social Change and Social Work*. Mumbai: Social Work Education and Practice, TISS.
- Desai, M. 2002. *Ideologies and Social Work: Historical and Contemporary Analysis*. Mumbai: Social Work Education and Practice, TISS.
- Diwakar, V. D. (Ed.) 1991. *Social Reform Movements in India: A Historical Perspective*. Bombay: Popular Prakashan.
- Dominelli, Lena. 2004. *Social Work: Theory and Practice for a Changing Profession*. New Delhi: Rawat.
- Encyclopaedia of Social Work India*. 1987. New Delhi: Ministry of Welfare.
- Feibleman, J.K. 1986. *Understanding Philosophy - Popular History of Ideas*. New York Souvenir Press.
- Gray, Mel and Webb, S.A. 2009. *Social Work: Theories and Methods*. New Delhi: Sage.
- Gunjal, B.S. and Moolenkal, G. 2012. *Social Work Education in India*. Bangalore: IBH Prakashana.
- Jacob, K.K. (Ed.) 1991. *Social Work Education in India – Retrospective and Prospect*. Udaipur: Himansu Publications.
- Jirimat, S. 2014. *Samajakaryada Parichaya* (Kannada). Belagavi: BIRDS.
- Joseph, Sherry (Ed.) 2000, *Social Work: In the Third Millennium* (Some Concerns and Challenges), Sriniketan, Department of Social Work, Visva-Bharati.
- Marulasiddaiah, H.M. (ed.). 1994. *Bharata Samajakarya Vishwakosha*, Vol. I. Hampi: Kannada Visvavidlaya.
- Panikkar, K. N. 1995. *Culture, Ideology Hegemony: Intellectual and Social Consciousness in Colonial India*, New Delhi: Tulika.
- Thomas, Gracious. 2015. *Code of Ethics for Social Workers*. New Delhi: IGNOU.
- Tejappa, U. 2015. *Vrittigara Samjakarya: Itihaasa mattu Vicharadharegalu* (Kannada). Belagavi: Pranati Publications.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.
- Wood Safe. K. 1962. *From Charity to Social Work*. London: Routledge & Kegan Paul.

### Journals:

Economic & Political Weekly, Indian Journal of Social Work, and Journal of Social Work.

**Paper Code: 1.4**

**Paper Title: SOCIAL SCIENCES FOR SOCIAL WORKERS**

**Objectives:**

- a) Understanding of the Elements of Social Sciences.
- b) Understanding of the correlation and significance of Social Sciences with Social Work.
- c) Understanding of Society, culture, Social Issues and Social Development.

**Course Content:**

#### **UNIT I**

Introduction to Social Sciences: Meaning and definition of Social Sciences and its differences with other streams of knowledge; Meaning, Definition, and Characteristics of Sociology, Economics, Political Science, and Anthropology; Significance of knowledge of Social Sciences for Social Work theory, practice, education, and research.

#### **UNIT II**

Basic Concepts of Sociology: Meaning, Definition, Characteristics and types of Society, Community, Groups, Social Stratification, Socialization, and Social Change.

#### **UNIT III**

Basic Concepts of Anthropology: Meaning, Definition, Characteristics and types of Kinship, Family, Marriage, Culture, Customs, Taboos, Folkways, Norms and Mores.

#### **UNIT IV**

Basic Concepts of Economics:

- Types of Economy (Capitalism, Socialism & Mixed Economy);
- Per Capita Income, National Income, and Gross Domestic Product (GDP);
- Concepts of Development & Underdevelopment;
- Economic Planning in India; and
- New Economic Policy (LPG).

#### **UNIT V**

Basic Concepts of Political Science:

- State and Government;
- Type of Political Regimes (Monarchy, Aristocracy & Democracy);
- Rights, Liberty, Justice and Equality;
- Political Participation; and
- Good Governance.

## References:

- Ahuja, Ram: Society in India, Rawat Publications, Jaipur, 1999.
- Bagchi, A.K.: The Political Economy of Underdevelopment, Cambridge, Cambridge University Press, 1982.
- Bardhan, P: The Political Economy of Development in India, Delhi, Oxford University Press, 1984.
- Bhatnagar, S: Political Theory: An Introduction, Meerut, Meenakshi Prakashan, 1985.
- Bhushan, Vidya and Sachdev, D.R. 1999. An Introduction to Sociology, Allhabad, Kitab Mahal.
- Brahmananda, P.R and Panchaucki, V.R.: The Development Process of the Indian Economy, Bombay, Himalaya Publishing House 1987.
- Fredrich, C.J: An Introduction to Political Theory, Bombay, Jaico Publishing House, 1967.
- Harris, Peter B: Foundations of Political Science, London, Hutchinson 1976.
- JoKolb, Eugene: A Framework for Political analysis, Englewood Cliffs, Prentice Hall, 1978.
- Keesing, R.M: Cultural Anthropology: A Contemporary Perspective, New York: Holt, Rinehart and Winston, 1975.
- Kothari, Rajni: Politics in India, New Delhi, Orient Longman, 1982.
- Mclver, K.B. and Page, C.H: Society: An Introductory Analysis, Madras, Macmillan India Limited, 1985.
- Rao, Shankar C.N: Sociology- Primary Principles, S.Chand and Company Ltd., New Delhi, 2002.
- Samuelson, P.A.: Economics: An Introductory Analysis, New York, Mc Graw Hill Book Co. inc., 1961.
- Srinivas M.N: Social Change in Modern India, Bombay allied Publishers, 1966.
- Srinivas, M. N. 1996. Village, Caste, Gender and Method (Essay in Indian Social Anthropology), Delhi: Oxford University Press.
- Srinivas, M.N: Caste in Modern India and other Essays, Bombay, Asia Publishing House, 1962.



**Paper Code: 1.5**

**Paper Title: PSYCHOLOGY FOR SOCIAL WORK PRACTICE - I**

**Objectives:**

- a) Understand the fundamentals of psychology.
- b) Understand the role of Heredity and environment on human behavior.
- c) Understand various psychological situations.

**Course Content:**

**UNIT I**

Introduction to Psychology: Meaning and definition of psychology; Branches of Psychology; Need for knowledge of psychology for Social Workers.

**UNIT II**

Basic Concepts: Brain Functioning, Motivation, Perception, Cognition, Attention, Emotion, Intelligence, Learning, Behaviour, and Attitude.

**UNIT III**

Understanding Human Behaviour: Heredity - Concept and Mechanism; Environment - internal and external; Factors influenced by Environment; Interplay of heredity and environment in shaping behaviour.

**UNIT IV**

Significance of Social Psychology; Concepts of Group, Crowd, Mob, Audience, Leadership, Public Opinion, and Propaganda.

**UNIT V**

Personality: Meaning, Definition and Types of Personality; Theories of Personality Development (Sigmund Freud, Ericson and Carl Rogers).

Adjustment: Definition, meaning, types, and importance in the context of Frustration, Conflict and Stress; Meaning and Types of Defence and Adjustment Mechanisms.

**References:**

- Bhatia, Hansraj. 1970. Elements of Psychology. Mumbai: Somayya Publications.
- Hurlock. E.B. 1995. Child Growth and Development. New York: Tata McGraw-Hill Publishing Company Ltd.
- Kuppuswam, B. 1980. An Introduction to Social Psychology. Mumbai: Media Promoters and Publishers.
- Misra, G. (Ed.) 1990. Social Psychology in India. New Delhi: Sage Publications.
- Morgan, C.T. et al. 1993. Introduction to Psychology. 7<sup>th</sup> Edition. Tata McGraw-Hill Publishing Company Ltd.
- Prabhu, V. Vinay. 1999. A Student's Handbook of General Psychology. Vinay Publication.

**Paper Code: 1.6**

**Paper Title: SOCIAL WORK PRACTICUM - I**

**Objectives:**

- a) To develop among students an understanding about different approaches of providing help to people in need.
- b) To familiarize the students with the professional role of social workers.
- c) To develop self-awareness and orientation to team work.
- d) To develop introductory skills in use of programme media.
- e) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Orientation to Fieldwork Practicum given by the Faculty Supervisor at the beginning of the Course. The main themes expected to be covered in the Orientation Classes are Concept of Fieldwork Practicum; Components of Fieldwork Practicum; Significance of Fieldwork Practicum in Social Work Education; Roles and responsibilities of the Student, Faculty Supervisor and Agency Supervisor; Recording in Fieldwork Practicum.
- Observation visits to welfare, educational, developmental, industrial and allied agencies.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend eight hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

**References:**

- Kohli, A.S. 2004. *Field Instruction and Social Work: Issues, Challenges and Response*. Delhi: Kanishka.
- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
- Mathew, G. *Supervision in Social Work*. Mumbai: TISS.
- Roy, S. 2012. *Fieldwork in Social Work*. Jaipur: Rawat Publications.
- Sajid, S.M. 1999. *Fieldwork Manual*. New Delhi: Department of Social Work, Jamia Milia Islamia.
- Subedhar, I.S. 2001. *Fieldwork Training in Social Work*. New Delhi: Rawat.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.

## **SEMESTER - II**

**Paper Code: 2.3**

**Paper Title: WORKING WITH INDIVIDUALS AND FAMILIES**

**Objectives:**

- a) To understand human behavior and coping capacities of individuals.
- b) To understand the principles and techniques of working with individuals and families.
- c) To learn the applicability of social case work in various setting.

**Course Content:**

**UNIT I**

Introduction to Social Case Work: Meaning, Definition, Nature and Scope of Social Case Work; Historical Development of Case Work Method.

**UNIT II**

Components of Social Case Work – Person, Problem, Process, and Place; Principles of case work: Individualization, acceptance, non-judgmental attitude, participation, relationship, effective communication of feeling, client self-determination, and confidentiality.

**UNIT III**

Social Case Work Process: Initial Contact, Study, Assessment, Intervention, Evaluation, Termination, and Follow-up. Approaches to Case Work: Psycho-social Approach, Functional Approach, Problem-solving Approach, and Holistic Approach.

**UNIT III**

Skills and Technique of Social Case Work: Communication, Relationship, Observation, Listening, Interviewing, Home Visit, Resource Mobilization, Advocacy, Environment Modification, and Recording.

**UNIT V**

Application of Social Case Work in Various Settings: Family and child welfare settings, School settings, Medical and psychiatric settings, Correctional settings, Industrial settings; Role of Social Worker in case work settings.

**References:**

- Friedlander, W.A. 1978. *Concepts and Methods of Social Case Work*. Englewood Cliffs: Prentice Hall.
- Hamilton, G. 1959. *Theory and Practice of Social Case Work*. NY: Columbia Univ. Press.
- Jirimat, S. 2014. *Vyaktigatha Samajakarya Parichaya* (Kannada). Belagavi: BIRDS.
- Mathew, Grace. 1992. *An Introduction to Social Case Work*. Bombay: Tata Institute of Social Sciences.
- Perlman, H. H. 1957. *Social Case Work: A Problem Solving Process*. Chicago: The University of Chicago Press.
- Roberts, Robert and Robert Nee (eds). 1970. *Theories of Social Case Work*. Chicago: University of Chicago Press.
- Timms, N. 1964. *Social Case Work: Principles and Practice*. London: Routledge and Kegan Paul.
- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Individuals and Groups (Vol.I)*. New Delhi: School of Social Work, IGNOU.
- Upadhyay, R.K. 2010. *Social Case Work: A Therapeutic Approach*. Jaipur: Rawat Publications.

**Paper Code: 2.4**

**Paper Title: PSYCHOLOGY FOR SOCIAL WORK PRACTICE - II**

**Objectives:**

- a) An understanding of the characteristic needs, and normal development stages of human life cycle.
- b) An understanding about abnormal behavior at different stages of development.
- c) An understanding about abnormal behavior pattern, its causes, and treatment.

**Course Content:**

**UNIT I**

Introduction to Human Life Cycle: Principles of human growth and development and stages of Human Growth.

Pre-Natal Period: Conception, maternal health, stages of prenatal growth, birth process, and pre-maturity.

**UNIT II**

Infancy and Childhood: Characteristics of Infancy; Physical, motor, sensory, language, social and sexual development in Infancy; Characteristics of Childhood; Physical, social and sexual development in childhood.

Importance of and factors affecting parent and child interaction; Causes and types of behavioural problems in children.

**UNIT III**

Puberty and Adolescence: Characteristics of puberty and adolescence; Physical, sexual, social and psychological changes during puberty and adolescence; Issues of concern related to Puberty and Adolescence.

**UNIT IV**

Adulthood, Middle Age, and Old Age: Characteristics of Adulthood, Middle Age and Old Age; Various adjustments in different stages (Vocational, Marital, Familial, Singlehood, Retirement).

## **UNIT V**

Abnormal Psychology: Meaning, definition, scope of Abnormal Psychology; Causes (Biogenic, psychogenic and socio-genetic) and types (psychogenic, personality, organic and psycho-somatic) of Abnormal Behaviour; Treatment for Abnormal Behaviour (Medical Therapy and Psycho-therapy).

### **References:**

Coleman, James C. 1976. Abnormal Psychology and Modern Life. Forman and Co, 5th edition.

Hurlock. E.B. 1995. Developmental Psychology, 3<sup>rd</sup> Edition. New York: Tata McGraw-Hill Publishing Company Ltd.

Hurlock. E.B. 1995. Child psychology. New York: Tata McGraw-Hill Publishing Company Ltd.

Kaur, Rajpaul. 2005. Abnormal Psychology. New Delhi: Deep &Deep Publications.

**Paper Code: 2.5**

**Paper Title: SOCIAL DEVELOPMENT THROUGH SOCIAL WORK**

**Objectives:**

- a) Understanding of different Social Problem.
- b) Develop ability to analysis the Social Problem.
- c) Understand the concept of Development.

**UNIT I**

Concept of Social Problem: Meaning and Definition of Social Problems. Classification of Social Problems; Causes and Consequences of Social Problems; Social Work approach in the prevention, control and management of Social Problems.

**UNIT II**

Extent, Causes, and Social Work Interventions for Female Foeticide, Child Labour, Juvenile Delinquency, Alcoholism, Drug Abuse, Beggary, Commercial Sex, Dowry, Corruption, Crime and Terrorism.

**UNIT III**

Concept of Social Development: Meaning and Definition; Approaches to Social Development – Sectoral Development, Area Development, Social Assistance, Social Insurance, Social Defence, and Integrated Approach; Social Exclusion and Inclusive Development.

**UNIT IV:**

Social Policy and Planning: Meaning, Definition and Characteristics of Social Policy; Models of Social Policy: Residual Welfare Model, Industrial Achievement-Performance Model, and Institutional Redistributive Model; Meaning and Definition of Social Planning; People's Participation in Social Planning.

**UNIT V:**

Thrust Areas of Social Development: Rural Development, Urban Development, Tribal Development, Education, Health and Nutrition, and Environment and Ecology.



**References:**

- Ahuja, Ram. 1992. *Social Problems in India*. Jaipur: Rawat Publications.
- Becker, H.S. 1996. *Social Problems: A Modern Approach*. New York: John Wiley and Sons.
- D'Souza, Ashok. A. 2015. *Social Development through Social Work*. Bangalore: Niruta Publications.
- Dantwala, M.L. 1973. *Poverty in India: Then and Now*. Delhi: Macmillan Company of India.
- Fisher, H.J(Ed). 1971. *Problems of Urbanization*. Bombay: Leslie Sawhny Programme of Training and Democracy.
- Gangrade, K.D. 1973. *Social Legislation in India*, Vol.1 and II. Delhi: Concept Publishing Company.
- Gore, M.S. 1973. *Some Aspects of Social Development*. Bombay: Tata Institute of Social Sciences.
- Government of India: *Five Year Plan Documents*, New Delhi.
- Habibur Rahman, M. 2001. *Social Development*. New Delhi: Northern Book Centre.
- Jacob, K.K. 1980. *Social Development Perspectives*. Udaipur: Himanshu Publications.
- Madan, G.R. 2002. *Indian Social Problems – Vol.I* Seventh Edition. New Delhi: Allied Publishers Pvt. Ltd.
- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Individuals and Groups (Vol. II)*. New Delhi: School of Social Work, IGNOU.
- World Bank (OUP): *World Development Reports*, (Annual).

**Paper Code: 2.6**

**Paper Title: SOCIAL WORK PRACTICUM - II**

**Objectives:**

- a) To develop among students an understanding about different approaches of providing help to people in need.
- b) To familiarize the students with the professional role of social workers.
- c) To develop self-awareness and orientation to team work.
- d) To develop introductory skills in use of programme media.
- e) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Observation visits to welfare, educational, developmental, industrial and allied agencies.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

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- Kohli, A.S. 2004. *Field Instruction and Social Work: Issues, Challenges and Response*. Delhi: Kanishka.
- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
- Mathew, G. *Supervision in Social Work*. Mumbai: TISS.
- Roy, S. 2012. *Fieldwork in Social Work*. Jaipur: Rawat Publications.
- Sajid, S.M. 1999. *Fieldwork Manual*. New Delhi: Department of Social Work, Jamia Milia Islamia.
- Singh, R.R. (ed.) 1985. *Fieldwork in Social Work Education: A Perspective for Human Service Profession*. New Delhi: Concept Publishing.
- Subedhar, I.S. 2001. *Fieldwork Training in Social Work*. New Delhi: Rawat.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.

## **SEMESTER - III**

**Paper Code: 3.3**

**Paper Title: WORK WITH GROUPS**

**Objectives:**

- a) To develop understanding of types of groups, processes and techniques of group work.
- b) To develop skill to apply group work method.
- c) To understand application of group work method in various settings.

### **UNIT I**

Introduction to Social Group Work: Meaning, Definition, Objectives, Scope and Principles of Social Group Work; Historical Development of Social Group Work.

### **UNIT II**

Types of Groups: Support Groups, Educational Groups, Growth Groups, Therapy Groups, Socialization Groups, and Social Action Groups.

Theories Underlying Group Work Practice – Systems Theory, Psychodynamic Theory, Learning Theory, Field Theory, and Social Exchange Theory.

### **UNIT III**

Processes of Group Work: Pre-group Formation Phase (formulating group's purpose, deciding the composition of the group, determining the size of the group, enrolling the members, and contracting), Initial Phase (self- presentations by the worker and the members, orientation about the group work, goal formation, structuring the group session, and reviewing the contract), Middle Phase (making arrangements for the conduct of group sessions, structuring the time, facilitating group meetings, and assessment of the group's progress), Evaluation of the Group, and Terminating and Follow-up of the Group.

### **UNIT IV**

Group dynamics: Role, Leadership, Decision making, Sub-group, Isolation, Conflict and Group control.

Programme Planning in Group Work Practice.

Skills of Social Group Work.

## **UNIT V**

Role of Social Group Worker through the Group Work Process.

Application of Social Group Work in Different Settings: Community Development Setting, Clinical Setting, School Setting, Institutions for Delinquents, Institutions for Women, Institutions for the Aged.

### **References:**

- Douglas, Tom. 1979. *Group Processes in Social Work*. Chichester: John Wiley & Sons.
- Konopka, Gisela. 1954. *Group Work in the Institution*. New York: Association Press.
- Konopka, Gisela. 1963. *Social Group Work: A Helping Process*. Englewood Cliffs, N.J: Prentice Hall.
- Toseland, Ronald and Rivas, F. Robert. 1999. *Introduction to Group Work Practice*. Allyn and Bacon, 3rd edition.
- Trecker, Herleigh B. 1970. *Social Group Work - Principles and Practices*. New York: Association Press.
- Trevithick, Pamela. 2000. *Social Work Skills - A Practice Handbook*. Philadelphia: Open University Press.

**Paper Code: 3.4**

**Paper Title: CONTEMPORARY IDEOLOGIES AND SOCIAL WORK**

**Objectives:**

- a) Gain understanding regarding contemporary ideologies of Social Work and social change.
- b) Develop the skills of decision making at different levels.
- c) Understand the values of Social Work and learn to consciously apply them in practice.

**Course Content:**

#### **UNIT I**

Identity of Professionalization of Social Work Today: Professional Attributes of a Social Worker; Values, Education, Knowledge, Practice Areas of Contemporary Social Work; National and International Professional Associations and Federations.

#### **UNIT II**

Goals, Functions, Roles, and Processes of Social Work; Welfare versus Development orientation to Social Work.

#### **UNIT III**

Contemporary Ideologies for Social Change: Neo-liberalism, Globalization, Feminism, Multi-Culturalism, New Social Movements, Resurgence of the Civil Society.

#### **UNIT IV**

Contemporary Ideologies of Social Work Profession: Critical Social Work, Feminist Social Work, Strengths-based Social Work, Evidence-based Practice, Rights-based Social Work, and Inclusive Social Work.

#### **UNIT V**

Indigenous Approaches to Social Work; Interrelations between Spirituality and Social Work; Concept and Philosophy Social Work Ethics; Ethical responsibilities of Social Workers; Ethical decision marking and dilemmas at different levels of practice.

## References:

- Agarwal, M.M. 1998. *Ethics and Spirituality*. Shimla: India institute of Advanced Study.
- D'Souza, Ashok. A. 2012. *Noam Chomsky's Discourse on Globalization and United States' Imperialism: Implications to Social Action in India*. Bangalore: Niruta Publications.
- Desai, M. 2000. *Curriculum Development on History of Ideologies for Social Change and Social Work*. Mumbai: Social Work Education and Practice, TISS.
- Desai, M. 2002. *Ideologies and Social Work: Historical and Contemporary Analysis*. Mumbai: Social Work Education and Practice, TISS.
- Dominelli, Lena. 2004. *Social Work: Theory and Practice for a Changing Profession*. New Delhi: Rawat.
- Gray, Mel and Webb, S.A. 2009. *Social Work: Theories and Methods*. New Delhi: Sage.
- Joseph, J. and Fernandes, G. (ed.). 2006. *An Enquiry into Ethical Dilemmas in Social Work*. Mumbai: Research Unit, Nirmal Niketan.
- Joseph, Sherry (Ed.). 2000. *Social Work in the Third Millennium (Some Concerns and Challenges)*, Sriniketan, Department of Social Work, Visva-Bharati.
- Tejappa, U. 2015. *Vrittipara Samjakarya: Itihaasa mattu Vicharadharegalu* (Kannada). Belagavi: Pranati Publications.
- Thomas, Gracious. 2015. *Code of Ethics for Social Workers*. New Delhi: IGNOU.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.
- Wood Safe. K. 1962. *From Charity to Social Work*. London: Routledge & Kegan Paul.

**Paper Code: 3.5**

**Paper Title: SOCIAL WORK AND HEALTH CARE**

**Objectives:**

- a) Understand health situation in India
- b) Understand various factors affecting health and
- c) Health care system, community, health, Policies and programs.

**Course Content:**

#### **UNIT I**

Concept of Health: Physical, social, mental and spiritual dimensions of health – Positive health – determinants of health - changing perspectives of health care - Social work practice in the field of health.

#### **UNIT II**

Concept of social medicine, preventive medicine and community health.

Brief discussion on causes, signs and symptoms, treatment and prevention of communicable and non-communicable diseases such as leprosy, TB, STDs, AIDS, cancer, hypertension, and diabetes.

#### **UNIT III**

Mother and Child Health (MCH) Services: Prenatal and postnatal care, immunization, school health programme, ICDS and RCH programme.

Importance of Nutrition; Concept, causes and remedial measures for under-nutrition and malnutrition.

#### **UNIT IV**

Concept of mental health, mental illness, community mental health and community psychiatry; Role of the social worker in prevention, promotion and rehabilitation.

## **UNIT V**

Health services at national, state, district, taluka and PHC levels.

Health education: meaning, importance and methods.

National health programmes – national health policy – national and international organizations for health.

### **References:**

- Bajpai, P.K. (Ed): Social Work Perspectives on Health, Rawat Publications, Jaipur, 1998.
- Clark, D.W and McMahon, B. (Ed): Preventive and Community Medicine, Little, Brown and Company, Boston, 1981.
- Hanlon, J.J and Pickett, G.E: Public Health – Administration and Practice, C.B.Mosby Company, St.Louis, 1979.
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- Turner, C.E: Seller, C.M and Smith, S.L: School Health and Health Education, C.V.Mosby Company, St. Louis, 1961.
- UNICEF: Health and Basic Services, UNICEF South Central Asia Regional Office, New Delhi.



**Paper Code: 3.6**

**Paper Title: SOCIAL WORK PRACTICUM - III**

**Objectives:**

- a) To develop capacity for observation and analyzing social realities.
- b) To develop an understanding of needs, problems and programmes for different target groups.
- c) To develop an understanding of the role of a social worker in different settings.
- d) To develop skills in observation, interview, recording, group discussions and leadership.
- e) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Orientation to intensive field work.
- Placement in School setting.
- Interaction with social work practitioners.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

**References:**

- Kohli, A.S. 2004. *Field Instruction and Social Work: Issues, Challenges and Response*. Delhi: Kanishka.
- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
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## **SEMESTER - IV**

**Paper Code: 4.3**

**Paper Title: WORK WITH COMMUNITIES**

**Objectives:**

- a) To highlight the relevance of community organization and social action as methods of Social Work.
- b) To understand the process of community organization and social action.
- c) To develop the skills as a Community Organizer.

### **UNIT I**

Concept of Community: Meaning, Definitions, Characteristics and Types; Concept of Community Organization: Meaning, Definitions, Objectives and Principles; Historical Development of Community Organization.

### **UNIT II**

Process of Community Organization: community study, Identification, analysis and prioritization of needs; Participatory Planning, Implementation, Evaluation, and Stabilization; Role of Community Organizer through the stages of Community Organization.

### **UNIT III**

Prominent Skills and Techniques of Community Organization: Resource Mobilization, Capacity Building, Conflict Resolution, Organizing and Conducting Meetings, Networking, Recording and Documentation.

### **UNIT IV**

Participatory Rapid Appraisal (PRA), Participatory Training (PT), Role of Community Organizer.

Models of Community Organization – Locality Development, Social Planning, and Social Action.

### **UNIT V**

Community Organization in India - National community development programmes - sectoral approaches- multi-sectoral convergence of programmes – target group approach - Anthyodaya model- participatory approaches - community development scenario in Karnataka.

## References:

- Arthur, Dunham. 1958. *Community Welfare Organisation - Principles and Practice*. New York: Thomas Y. Crowell Co.
- Chekki A. Dan. 1979. *Community Development*. New Delhi: Vikas Publishing House Pvt. Ltd.
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- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Communities and Institutions (Vol.I)*. New Delhi: School of Social Work, IGNOU.

**Paper Code: 4.4**

**Paper Title: ADMINISTRATION OF SOCIAL WELFARE ORGANIZATIONS**

**Objectives:**

- a) To understand Fundamental aspects pertaining to administration of social organizations.
- b) To enhance the skills of administration in different welfare organizations.

**Course Content:**

**UNIT I**

Social Work Administration: Meaning, Definition of Administration; Meaning, Definition, Objectives, Principles, Scope of Social Work Administration; Significance of Social Work Administration as a Method of Social Work.

**UNIT II**

Functions of Social Work Administration (POSDCoRBEF): Planning, Organizing, Staffing, Directing, Coordinating, Reporting, Budgeting, Evaluation, and Feedback.

**UNIT III**

Types and Establishment of Social Service Organizations: Registration and Management under the Societies Registration Act, 1860; the Indian Trust Act, 1882; the Cooperative Societies Act, 1904; the section 25 of Companies Act, 1956.

**UNIT IV**

Skills and Techniques of Social Work Administration: Programme / Project Development, Public Relations, Decision Making, Fund Raising, Networking, and Conflict Resolution.

**UNIT V**

Procedures for seeking Tax Exemption (80G) and Foreign Contribution.  
Role of Social Worker in Social Work Administration.  
Recent Trends in Social Work Administration.

**References:**

- Chowdhary, P. Paul. 1979. *Social Welfare Administration*. Delhi: Atma Ram & Sons.
- Devi, Rameshwari and Parkash Ravi. 1998. "Social Work and Social Welfare Administration, Methods and Practices", Vol. I. Jaipur: Mangaldeep Publications.
- Gangarade, K.D. 1990. 'Development of Voluntary Action in India', in *Social Welfare Administration in India; Issues and Challenges*. Mumbai: Tata Institute of Social Sciences.
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- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Communities and Institutions (Vol.I)*. New Delhi: School of Social Work, IGNOU.

**Paper Code: 4.5**

**Paper Title: DISASTER MANAGEMENT**

**Objectives:**

- a) Understand the factors contributing to disaster.
- b) Develop and understanding of the process of disaster management.
- c) Develop an understanding of Social Worker's role in the team for disaster management.

**Course Content:**

**UNIT I**

Concept of Disaster: Meaning and definition of the term disaster; Impact of disasters on human development; Vulnerability and disaster preparedness; Phases of disaster.

**UNIT II**

Classification of Disasters: Natural Disasters – famine/drought, cyclone, earthquake, flood, and tsunami; Human-made Disasters - Biological warfare, industrial, militancy, and accidents.

**UNIT III**

Issues Concerned with Disasters: Policy issues and its implementations; National Disaster Management Guidelines; Psychological, social, economic and political impact of disasters on special groups such as children, women, elderly, and the differently-abled.

**UNIT IV**

Disaster Management: Pre-disaster Phase - Prevention, preparation, education, preparedness; Actual Disaster Phase – short-term & long-term plans, stress and trauma, search, rescue, recovery, relief, restoration, resource mobilization; Post Disaster Phase – rehabilitation and mitigation of negative effects.

**UNIT V**

Role of Government, voluntary organizations, local groups, community participation, and volunteers. Role of Social Workers in the team for Disaster Management.

**References:**

- Birnbaum, F., Coplon, J., & Scarff, T. 1973: "Crisis Intervention after a Natural Disaster", *Social Casework*, vol.54, No-9, 545-551.
- Blanford, It, & Leviue, J. 1973: "Crisis Intervention in an Earthquake", *Social Work*, Vol.17, No.4, 16-19.
- Goel S.L. (2005): *Encyclopaedia of Disaster Management (Set in 3 volumes)* Deep & Deep Publications, Pvt. Ltd, New Delhi – 27.
- Haff, A. 1978. "People in Crisis", understanding and helping, California: Addison Worley publishing company.
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**Paper Code: 4.6**

**Paper Title: SOCIAL WORK PRACTICUM - IV**

**Objectives:**

- a) To develop capacity for observation and analyzing social realities.
- b) To develop an understanding of needs, problems and programmes for different target groups.
- c) To develop an understanding of the role of a social worker in different settings.
- d) To develop skills in observation, interview, recording, group discussions and leadership.
- e) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Placement in school / agency setting.
- Conducting at least two Social Case Works.
- Interaction with social work practitioners.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

**References:**

- Kohli, A.S. 2004. *Field Instruction and Social Work: Issues, Challenges and Response*. Delhi: Kanishka.
- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
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## **SEMESTER - V**

**Paper Code: 5.2**

**Paper Title: SOCIAL ACTION**

**Objectives:**

- a) To understand the concept of social action.
- b) To learn about the process, skills and techniques pertaining to social action.
- c) To understand the applicability of the theory and practice of social action in the context of professional social work in India.

**Course Content:**

### **UNIT I**

Concept of Social Action: Meaning, Definition, and Characteristics of Social Action; Historical evolution of Social Action in the West and in India; Relevance of Social Action for Social Work Practice.

### **UNIT II**

Principles of Social Action: Principle of credibility building, principle of legitimization, dramatization, principle of multiple strategies, principle of dual approach, principle of manifold programmes; Skills Involved in Social Action: Relational skills, analytical and research skills, intervention skills, managerial skills, communication skills, and training skills.

### **UNIT III**

Process of Social Action: Developing awareness, organization, strategizing, and action. Phases of Sarvodaya Movement - Parichaya (introduction), adhyayana (study), prachar (propaganda), sahavasa (association), seva (service), pratikar (resistance), constructive or community work, and building the climate of change;

### **UNIT IV**

Strategies and Techniques of Social Action: Research, education, cooperation, collaboration, competition, organization, disruption and confrontation, arbitration, negotiation, mild coercion, violation of legal norms, and joint action; Saul Alinsky's Rules for Radicals.

### **UNIT V**

Models of Social Action: Elitist Social Action (Legislative Social Action, Economic Sanction Model, and Direct Physical Model) and Popular Models (Conscientization Model, Dialectical Mobilization Model, Direct Mobilization Model). Lokaniti Model of Social Action;

Institutional and Non-institutional Model; Social Action in relation to Community Organization and Social Movements; Role of Social Workers in Social Action.

**References:**

- Britto, G.A.A. (1984), Social Action and Social Work Education in the Eighties, in *Social Work and Social Action* (ed) H.Y. Siddiqui, Harnam Publications.
- Britto, G.A.A. (1984), Some Principles of Social Action, in *Social Work and Social Action* (ed) H.Y. Siddiqui, Harnam Publications.
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- Thomas, Gracious (ed.) (2010), *Social Work Intervention with Communities and Institutions*. Vol. I, New Delhi: IGNOU.

**Paper Code: 5.3**

**Paper Title: SOCIAL WORK RESEARCH**

**Objectives:**

- a) Understand the need for Scientific Approach to human inquiry in place of common sense approach.
- b) Conceptualise and formulate a simple research project, prepare and administer of simple tools of data collection and report writing skills.
- c) Develop an understanding of statistics, simple statistical tools and learn to use these.

**UNIT I**

Introduction to Research: Meaning, Definition and Objectives of Research; Meaning and Definition of Social Work Research; Significance of Social Work Research as a Method of Social Work; Outline of the Process of Social Work Research.

**UNIT II**

Planning a Research Project: Identification of a Research Problem, Formulating the Research Topic, Reviewing the Existing Literature, Clarification of Concepts and their Measurement, Identification of Objectives of the Study, Selection of Research Design, Formulation of Hypothesis, Operationalization of Concepts and Development of Research Instruments.

**UNIT III**

Implementing the Research Project: Selection of Samples – meaning, significance, types, and determination of sample size; Methods and Tools of Data Collection – sources of data, observation, interview and questionnaire as methods of data collection.

**UNIT IV**

Data Processing and Analysis: Editing, Coding, Preparing the Master Chart, Tabulation, Classification, Analysis (univariate and bivariate analysis), Graphical Presentation of the Data, Computing Percentages and Measures of Central Tendency (Arithmetic Mean, Median and Mode), and Interpretation of the Data.

**UNIT V**

Reporting of Research Findings: Various Parts of a Research Report; Dissemination of Research Findings – Professional Journals (meaning, significance and process of publication); Use of Computers in Social Work Research; Recent Trends in Social Work Research.

## References:

- Gupta, S.P. 1984. *Statistical Methods*. New Delhi: Sultanchand and Sons.
- Kothari, C.R. 1990. *Research Methodology: Methods and Techniques*. New Delhi: Wishwa Prakashan.
- Krishnaswamy, O.R. 1993. *Methodology of Research in Social Sciences*. Bombay: Himalaya Publishing House.
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- Thomas, Gracious (ed.). 2010. *Social Work Intervention with Communities and Institutions (Vol. II)*. New Delhi: School of Social Work, IGNOU.

**Paper Code: 5.4**

**Paper Title: LEGAL SYSTEM IN INDIA**

**Objectives:**

- a) Acquire information on the legal rights of people
- b) Develop an understanding of the legal system and get acquainted with the process of the legal systems.
- c) Understand the role of the police, prosecution, judiciary and correction.
- d) Develop an understanding of the processes and problems of Public Interest Litigation and legal aid to the marginalized sections of the society.

**Course Content:**

**UNIT I**

Rights: Concept of Rights - Legal Rights and Civil Rights; Criminal Procedure Code; Concept of Natural Justice and equality before Law.

**UNIT II**

Overview of Civil Laws: Inheritance, Divorce, and Juvenile Justice Laws.

Criminal Justice System: Police - Structure, reporting, case registration and investigation, arrest, and bail.

**UNIT III**

Structure and Functions of Courts - District, High Court, and Supreme Court.

Prosecution – Screening, decision to prosecute, deciding the charges, Public Prosecutor; Correction - Structure, Functions, Treatment, and Rehabilitation.

**UNIT IV**

Right to Information Act, Right to Education, Consumer Rights Act - Objectives, Contents and Procedures; Legal Aid: History, concept, need of legal Aid. Legal Aid schemes: Legal Service Authorities Act, 1987.

**UNIT V**

Loka Adalts: Evolution, Jurisdiction, Powers and Functions; Public Interest Litigation: Meaning, Nature, Objectives, Scope and Process.

Role of Social Workers in the Justice Delivery System.

**References:**

- Aranha T.: Social Advocacy – Perspective of Social Work, Bombay, College of Social Work.
- Bayley D.M.1969: The Police and Political Development in India, New Jersey, Princeton.
- Curry J.C. 1977: The Indian Police, New Delhi: Manu Publications.
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- GOI: Reports of the Legal Aid Committee (1971, 1973 and others).
- Iyer V.R.K 1984: Justice in Words and Justice in Deed for Depressed Classes, New Delhi; Indian Social Institute.
- Khanna H.R. 1980: The Judicial System, New Delhi: II P.A.
- Mathow P.D: Legal Aid Series, Delhi: Indian Social Institute.
- Peak K.J.1998: Justice Administration – Police Courts and Correction, New Jersey, Prentice Hall.

**Paper Code: 5.5**

**Paper Title: DEVELOPMENT COMMUNICATION AND COUNSELLING**

**Objectives:**

- a) To help to have basic understanding of Communication and Counselling.
- b) To enhance the skill of effective oral communication at different situations.
- c) To enhance the skill of effective written and visual communication for development programmes.

**Course Content:**

### **UNIT I**

Communication: Meaning and importance of communication; Process of communication; Meaning and major features of Development Communication; Significance of Development Communication to Social Work Practice.

### **UNIT II**

Interpersonal communication; Interviewing - objectives, principles of interviewing, listening, qualities of effective communicator.

Meaning, Process and Significance of Seminars, symposium, conferences, workshops, group discussions, role playing, games, brain storming, street play.

### **UNIT III**

Visual Aids in Communication: Poster making, use of notice boards, slide shows, mass communication, television, exhibition, newspapers & magazines, advertisements, radio, films, and social media.

Counselling: Definition, meaning, and relevance of counselling as an approach of social work; Principles of Counselling.

### **UNIT IV**

Process of counselling – types of counselling – qualities of an effective counsellor – practical counselling skills - interrelationship between counselling and psychotherapy.

### **UNIT V**

Practice of Counselling in Various Settings: Family counselling centres, family courts, vocational counselling centres, mental health centres, child guidance clinics, correctional institutions, de-addiction centres, and educational institutions.

**References:**

- Dave, Indu: The Basic Essentials of Counselling, Sterling Publishers Pvt., Ltd., New Delhi, 1983.
- Desai, M.M. (Ed): Creative Literature and Social Work Education, Somaliya Publications Pvt. Ltd., Bombay, 1979.
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- Mohan, Krishna and Banerji, Meera: Developing Communication Skills, Macmillan India Ltd., Delhi, 1990.
- Murphy, Robert D: Mass Communication and Human Interaction, Houghton Mifflin Company, Boston, 1977.
- Narayana, Rao S: Counselling Psychology, Tata McGraw-Hill Publishing Company Ltd., New Delhi, 1981.
- Robert, G. Madden: Legal Issues in Social Work Counselling and Mental Health, Sage Publications India Pvt., Ltd., 1988.



**Paper Code: 5.6**

**Paper Title: SOCIAL WORK PRACTICUM - V**

**Objectives:**

- a) To develop an understanding of a community.
- b) To develop an understanding of an agency set-up.
- c) To develop an understanding of the causes of human problems and their effect on individual, family and group functioning.
- d) To develop professional skills of working with people.
- e) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Placement in NGO/Panchayat setting.
- Conducting at least one Social Case Work
- Organizing need-based community awareness / development programmes.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

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- Lawani, B.T. 2009. *Social Work Education and Field Instructions*. Agra: Current Publications.
- Mathew, G. *Supervision in Social Work*. Mumbai: TISS.
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- Sajid, S.M. 1999. *Fieldwork Manual*. New Delhi: Department of Social Work, Jamia Milia Islamia.
- Singh, R.R. (ed.) 1985. *Fieldwork in Social Work Education: A Perspective for Human Service Profession*. New Delhi: Concept Publishing.
- Subedhar, I.S. 2001. *Fieldwork Training in Social Work*. New Delhi: Rawat.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.

**Paper Code: 5.7**

**Paper Title: SOCIAL WORK CAMP**

Social Work Camp shall be conducted for a minimum period of 7-10 days. The students shall organize and conduct this camp under the direction and supervision of the teaching faculty in a rural/tribal community so as to provide opportunities to students to experience rural / tribal life, analyze rural / tribal dynamics, and observe the functioning of Government machinery (local self-government) and voluntary organisations. Micro-planning exercise and Participatory Rural Appraisal (PRA) activity shall be the part of social work camp. Camp is intended to provide the students with the opportunity to practice community organization method.

## **SEMESTER - VI**

**Paper Code: 6.2**

**Paper Title: SOCIAL WORK WITH RURAL AND TRIBAL COMMUNITIES**

**Objectives:**

- a) Sensitize students to the needs and problems of rural and tribal communities.
- b) Develop in the students a critical understanding of the infrastructure and the schemes and programs of rural and tribal development in India.

**Course Content:**

**UNIT I**

Introduction to Rural Society: Meaning, definition, and characteristics of rural community; Historical perspective of Indian village; Analysis of Indian village - ecological, social, economic and political structure.

**UNIT 2**

Rural Development: Early experiments in rural projects such as Sriniketan, Marthandam, Gurgaon, and Firka scheme in brief; Sarvodaya and Boodan movements.

**UNIT 3**

Concept and history of Indian Co-operative Movement; Role of co-operative movement in rural development, Current rural development programmes; role of non-governmental organizations in rural development.

**UNIT 4**

Introduction to Tribal Society: Meaning, definition, and characteristics of tribal community, historical analysis of tribal society; problems/ issues faced by tribal communities (displacement, resettlement, land rights, and identity); programmes undertaken by government and non government organization in tribal society.

**UNIT 5**

Panchayat Raj System: Origin and development of Panchayat Raj Institutions; Panchayat raj organization and functioning in Karnataka; Overview of legislations pertaining to panchayat raj institutions; Contribution of PRI to rural and tribal development.

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- Bahradwaj, A.N: Problems of Scheduled Castes and Scheduled Tribes in India, Light and Life Publishers, New Delhi, 1979.
- Barnabas, A.P: Rural Community Development in India, In Encyclopaedia of Social Work in India, Vol.II, Ministry of Welfare, Government of India, New Delhi, 1987.
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- Jha, D: Cooperative Movement, in. Encyclopaedia of Social Work in India, Vol.I, Ministry of Welfare, Government of India, New Delhi, 1987.
- Krishnamurthy, J: Rural Development – Challenges and Opportunities, Rawat Publications, Jaipur, 2000.
- Kumar, A: Tribal Development in India, Sarup and Sons, New Delhi, 2002.
- Mahanti, Neeti: Tribal Issues – A Non-Conventional Approach, Inter-India Publications, New Delhi, 1994.
- Nahar, U.R and Chandani, Ambika (Eds.): Sociology of Rural Development, Rawat Publications, Jaipur, 1995.
- Nair, T.K and Anbarasan, R.S (EDs): Training Social Workers for Rural Development, ASSWI, 1981.
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- Patel, M.L: Planning Strategy for Tribal Development, Inter-India Publications, New Delhi, 1983.
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**Paper Code: 6.3**

**Paper Title: SOCIAL WORK WITH URBAN COMMUNITIES**

**Objectives:**

- a) Sensitize trainees to the need and problems of urban communities;
- b) Develop a critical understanding in the trainees about the programs of urban development.

**Course Content:**

**UNIT I**

Urbanization: Concept and theories of urbanization; Urbanization in modern India; Meaning and characteristics of town, city, metropolis, suburbs, and satellite town; Overview of urban problems.

**UNIT II**

Slums: Meaning, definitions, characteristics, causes, and consequences; Indian slums in general and slums in the cities of Karnataka in particular; Governmental and non-governmental measures towards slum clearance and slum improvement.

**UNIT III**

Urban Community Development: Meaning, need, scope and related concepts; Urban development and urban community development; Major voluntary agencies engaged in urban community development in India with focus on urban unorganized sectors; Governmental organizations for development of youth, women, aged and children in urban areas.

**UNIT IV**

Policy and Programmes for Urban Development: Programmes of urban development agencies; Civic administration; History and functions of local self-government in urban areas in India and urban development authorities in Karnataka.

**UNIT V**

Environmental Management in Urban India: Types and causes of urban pollution; Waste management measures; Relevance of community organization practice to urban communities; Social work with urban communities - recent developments and future prospects.

**References:**

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**Paper Code: 6.4**

**Paper Title: WOMEN'S EMPOWERMENT**

**Objectives:**

- a) Understand the situation of women in India.
- b) Understand dimensions of women empowerment.
- c) Understand the relevance of women empowerment in the process of sustainable development.

**Course Content:**

### **UNIT I**

Status of Women in India: Historical perspective – status of women during Vedic period, medieval period, pre-independent India, and in independent India; Concept of Women Empowerment; Need for social work services for women empowerment.

### **UNIT II**

Gender issues, evidence of gender discrimination – key indicators, sex ratio, infant mortality rates, age at marriage, literacy rate – enrollment and dropout rates in schools, education of women at different levels.

Employment – organized and unorganized sectors, gender index, improved self-esteem of girls and women.

### **UNIT III**

Some major issues relating to women in India society:

- Female feticide and infanticide
- Declining sex ratio
- Rape and sexual abuse
- Dowry and domestic violence
- Female infant mortality, girl child mortality and maternal mortality
- Women, politics and representation

### **UNIT IV**

Women and law; legal enactments under the British rule, constitutional and fundamental rights, protective clauses for women; Current legal position regarding marriage, dowry, divorce, problem of violence against women outside home and inside home, restitution of conjugal rights.

Legal provisions: equal remuneration, equal opportunity, women and property right.

## **UNIT V**

Welfare Programmes for Women: Hostels for working women, employment and income generation programmes, and women's training centers; Institutions for protection and rehabilitation of women and girls; Programmes of the Department of Women and Child Development; Micro-credit and women empowerment.

### **References:**

- Bandarage, Asoka: Women, Population and Global Crisis – A Political-Economic Analysis, Zed Books, London, 1997.
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**Paper Code: 6.5**

**Paper Title: FAMILY LIFE AND LIFE SKILL EDUCATION**

**Objectives:**

- a) Understand the relevance of family life education to family welfare.
- b) Understand the concept of life skills education.
- c) Learn to use the principles, methods and skills of social work for family welfare.

**Course Content:**

**UNIT I**

Marriage and Family: Meaning, definitions and types of marriage; Functions of marriage; Different aspects of marriage – biological, psychological, social and legal aspects.

Meaning, definitions and types of family; Functions of family; Family Values and Influence of Socio-Cultural and Religious Dimensions on Family Life.

**UNIT II**

Issues Affecting Marriage and Family Life: Factors Influencing Choice of Marital Roles (Family, Peer Group, Culture, and Employment of Women); Role conflicts – reasons and management strategies; Role changes in different phases of marriage; Sexual relation and adjustment in marriage.

**UNIT III**

Problems Encountered in the Family and Intervention Programmes – Individuals facing problems, childlessness, marital problems, abuse and violence.

Divorce, Separation and Migration: Meaning, causes, consequences and remedial measures for 'divorce'; Meaning, causes, consequences and remedial measures for 'separation'; and Meaning, causes, consequences and remedial measures for issues arising out of 'migration' on the family life.

**UNIT IV**

Concept of Family Life Education: Meaning, definition, characteristics and objectives of Family Life Education; Need for planning for family and for responsible parenthood; Family Planning Methods – types, advantages and disadvantages; Medical Termination of Pregnancy and Issues Associated with it.

## UNIT V

Basic Concepts in Life Skills Education: Meaning, definition, components and objectives of Life Skill Education; Role of home, school and media in life skill education; Role of Social Workers in Family Life Education and Life Skill Education.

### References:

- Ahuja, Ram (1993), *Indian Social System*, Rawat Publications Jaipur and New Delhi.
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**Paper Code: 6.6**

**Paper Title: SOCIAL WORK PRACTICUM - VI**

**Objectives:**

- f) To observe social, economic and political dynamics of a community.
- g) To develop an understanding of an agency set-up.
- h) To develop an understanding of the causes of human problems and their effect on individual, family and group functioning.
- i) To develop professional skills of working with people.
- j) To develop skills in report writing and use of supervision.

**Course Content:**

This paper comprises:

- Placement in NGO/Panchayat setting.
- Conducting at least one Social Case Work
- Conducting at least one Social Group Work
- Organizing at least one need-based community awareness / development programmes.
- Structured Experiences Laboratory to help students understand and practice various skills required for effective practice of Fieldwork Practicum.

**Note:** Each student is expected to spend ten hours per week in the Field / Agency and the Faculty Supervisor is expected to spend about eight hours per week for this paper by conducting Orientation Classes, arranging for Orientation Visits / Fieldwork Placement, conducting Structured Experience Laboratory classes, Field Visits for Supervision and Guidance, Individual Conferences and Group Conferences on a weekly basis, and Correction of Fieldwork Reports. Thus, the workload for this paper for each of the Faculty Supervisor may be considered equivalent to one full theory paper.

**References:**

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- Subedhar, I.S. 2001. *Fieldwork Training in Social Work*. New Delhi: Rawat.
- University Grants Commission. 1978. *Review of Social Work Education in India: Retrospect and Prospect*. New Delhi: UGC.

**Paper Code: 6.7**

**Paper Title: RESEARCH PROJECT**

Students are given broad guidelines for undertaking empirical, evidence-based research comprising selection of the topic, methodological details, analysis, interpretation and deductions made.

Research conference need to be reflected in the time-table and should be conducted by the Faculty Supervisor. Planning, preparation of tools, fieldwork and report writing of research project; scheduling and time line need to be part of the research conference. Faculties need to maintain research conference report and progress of the research project report. The faculty supervisors would assist students to prepare a plan of action for individual research project right from selection of research problem to finalization of report.