



Government of Karnataka
Department of Colligate Education
Government First Grade College Channapatna-562 160
RE-ACCREDITED BY NAAC WITH "B" GRADE

No: GFGC-CPT/ /2015-16

**Office of the Principal,
Government First Grade College,
Channapatna – 562 160,
Date : 03/04/2015.**

To
The Superintendent
Victoria Hospital
Bangalore

Respected Sir

**Subject: Requisition to send a team of doctors for health check-up and
blood donation camp**

We have decided to organize a health check-up and blood donation camp on 07 April 2015 in our college. Our college has a strength of 2700 of which 1600 are girls hailing from villages in and around Channapatna.

I request you to send a team of doctors for the successful organisation of health check-up and blood donation camp. I can assure at least 150 units of blood. Looking forward to a favourable reply.

Thank You

Yours Faithfully

**Principal
Principal**

**Government First Grade College
Channapatna - 562160.**

**Department of Colligate Education
Government First Grade College Channapatna-562 160**


Circular


Youth Red Cross Wing

03-04-2015

Youth Red Cross Wing of the college is organising massive health check-up and blood donation camp on 04 April 2015 in the college premises. Students are hereby informed to actively participate in the camp and make it a grand success. Youth Red Cross Wing also seeks the support of all teaching and non-teaching staff. Red cross volunteers have to contact the Youth Red Cross Wing Nodal Officer for briefing.

Thank You


Principal
Government First Grade College
Channapatna - 562160.


Nodal Officer
Dr. HARISH M G.
Nodal Officer Youth Red Cross Wing.
Govt. First Grade College
Channapatna.

Report on Health Check Up Camp Organised by Youth Red Cross wing of the College

Nutrition and health play a vital role in the field of education. They have a direct impact on the student's acquisition and comprehension capabilities. A sound body and mind are the primary prerequisites for imparting knowledge. Only an individual with good health can be receptive and responsive. Fully cognisant of the above stated facts our college Youth Red Cross Unit organises health check-up camps every year.

Goal

An eminent team of doctors are invited for a day long health check-up camp in the college. They do a thorough check-up of the students. If students are found to be anaemic or with serious ailments, they are further advised to consult the specialists for diagnosis or prescribed ailment mitigating medicines. The goal is to promote healthy living thus facilitating wholesome/ active/ comprehensive learning.

The Context

Most of the students of our college hail from rural low income background. They have the least of the access to health care centres. So health and nutrition are very often ignored. Health ranks the last in their priority list. Students suffer due to poor health thus affecting their studies. Hence there is an urgent necessity to address the issue of student's health care.

The Practice

On a pre-decided team of doctors (usually 10-12) from the prestigious institutes like Victoria hospital come to our college and carry out day long health check-up camp. Many students get to know their Haemoglobin content of the blood which can be a great indicator of the health condition of an individual. Blood groups and blood pressure will also be checked.

Evidence of Success

A register of all the students who have undergone health check-up is maintained. In the case of serious ailment being found in a student, the confidentiality is maintained and the student is further advised to consult doctors for timely assistance. The students found anaemic and lower rates of

haemoglobin contents are given folic acid tablets and prescribed a nutritious diet. Many have reported noticeable changes in their grasping and comprehension of the curriculum.

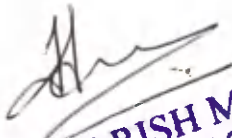
Though our college is situated just 60kms away from Bangalore most of the students' hail from villages lacking access to primary health care and right nutrition. Keeping in view the above mention point, the Youth Red Cross Wing of our college has been conducting massive health check-up camp every academic year in the premises of the college. There are nearly 2700 students in the college on which majority of them are girls. With the objective of getting the students checked-up thoroughly free of cost, Youth Red Cross Unit invited the team of doctors from the prestigious medical institutes of Bangalore- Victoria and Vani Vilas.


Academic Year: 2015-16

A team of 5 doctors from Victoria hospital along with 12 medical assistants participated in the camp organised on 7th April 2015. 197 students underwent medical check-up and they were given advice for severe cases of malnutrition, anaemia and calcium deficiency. More than 250 students got to know their blood groups. Few cases of Hepatitis B were detected and they were advised to consult the doctor immediately.



Team of Doctors along with Youth Red Cross Wing Nodal officer 2015-2016


Dr. HARISH M.G.
Nodal Officer Youth Red Cross Wing.
Govt. First Grade College
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Principal
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No: GFGC-CPT/ /2016-17

**Office of the Principal,
Government First Grade College,
Channapatna – 562 160,
Date : 10/01/2016.**

To
The Medical Superintendent
Victoria Hospital
Bangalore

Respected Sir

**Subject: Requisition to send a team of doctors for health check-up and
blood donation camp**

We have decided to organize a blood donation camp on 19 January 2016 in our college. Our college has a strength of 2700 of which 1600 are girls hailing from villages in and around Channapatna.

I request you to send a team of doctors for the successful organisation of health check-up and blood donation camp. I can assure at least 150-200 units of blood. Looking forward to a favourable reply.

Thank You

Yours Faithfully

Principal

Principal

**Government First Grade College
Channapatna - 562160.**

**Department of Colligate Education
Government First Grade College Channapatna-562 160**

**Circular
Youth Red Cross Wing**

10-01-2016

Youth Red Cross Wing of the college is organising massive health check-up and blood donation camp on 19 January 2016 in the college premises. Students are hereby informed to actively participate in the camp and make it a grand success. Youth Red Cross Wing also seeks the support of all teaching and non-teaching staff. Red cross volunteers have to contact the Youth Red Cross Wing Nodal Officer for briefing.


Thank You



Nodal Officer

**Dr. HARISH M G.
Nodal Officer Youth Red Cross Wing.
Govt. First Grade College**

Channapatna.



**Principal
Government First Grade College
Channapatna - 562160.**


Academic Year: 2016-2017

A team of 7 doctors from Victoria hospital along with 10 medical assistants participated in the health check-Up camp organised on 19 Jan 2016. 183 students Underwent medical check-up. Most of the students were found to be malnourished, anaemic and suffering from lack of Haemoglobin. Tablets of Folic acid was distributed free of cost. More than 200 students got to know their blood group for the first time.



Appreciation certificate issued by the doctor 2016-17


Dr. HARISH M.G.
Nodal Officer Youth Red Cross Wing,
Govt. First Grade College
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Principal
Government First Grade College
Channapatna - 562160.



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Department of Colligate Education
Government First Grade College Channapatna-562 160
RE-ACCREDITED BY NAAC WITH "B" GRADE

No: GFGC-CPT/ /2017-18

**Office of the Principal,
Government First Grade College,
Channapatna – 562 160,
Date : 28/02/2017.**

To
The Medical Superintendent
Victoria Hospital
Bangalore

Respected Sir

**Subject: Requisition to send a team of doctors for health check-up and
blood donation camp**

We have decided to organize a blood donation camp on 03 March 2017 in our college. Our college has a strength of 2700 of which 1600 are girls hailing from villages in and around Channapatna.

I request you to send a team of doctors for the successful organisation of health check-up and blood donation camp. I can assure at least 150-200 units of blood. Looking forward to a favourable reply.

Thank You

Yours Faithfully

Principal

Principal

**Government First Grade College
Channapatna - 562160.**


**Department of Colligate Education
Government First Grade College Channapatna-562 160**


**Circular
Youth Red Cross Wing**

28-02-2017

Youth Red Cross Wing of the college is organising massive health check-up and blood donation camp on 03 March 2017 in the college premises. Students are hereby informed to actively participate in the camp and make it a grand success. Youth Red Cross Wing also seeks the support of all teaching and non-teaching staff. Red cross volunteers have to contact the Youth Red Cross Wing Nodal Officer for briefing.

Thank You


**Principal
Government First Grade College
Channapatna - 562160.**



**Nodal Officer
Dr. HARISH M G.
Nodal Officer Youth Red Cross Wing,
Govt. First Grade College
Channapatna.**


Academic Year 2017-18.

A team of 6 doctors from Victoria hospital along with 10 medical assistants participated in the health check-Up camp organised on 3 march 2017. An awareness about Dengue and H1n1 was created amongst the students. Simple methods for prevention and precaution to be taken in case of occurrence of the disease were discussed. 149 students Underwent medical check-up. Most of the students were found to be malnourished, anaemic and suffering from lack of Haemoglobin. Calcium Tablets and Folic acid was distributed free of cost. More than 175 students got to know their blood group for the first time.



Health Check-up Camp beneficiaries 2017-18


Dr. HARISH M G.
Nodal Officer Youth Red Cross Wing.
Govt. First Grade College
Channapatna.


Principal
Government First Grade College
Channapatna - 582160.



**Government of Karnataka
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Government First Grade College Channapatna-562 160
RE-ACCREDITED BY NAAC WITH "B" GRADE**

No: GFGC-CPT/ 546 /2018-19

**Office of the Principal,
Government First Grade College,
Channapatna – 562 160,
Date : 11/03/2019.**

**To
The Medical Superintendent
Victoria Hospital
Bangalore**

Respected Sir

**Subject: Requisition to send a team of doctors for health check-up and
blood donation camp**

We have decided to organize a health check-up and blood donation camp on 20 March 2019 in our college. Our college has a strength of 2700 of which 1600 are girls hailing from villages in and around Channapatna.

I request you to send a team of doctors (especially Gynaecologist, Dermatologist, Dental Surgeons and General Physicians) for the successful organisation of Health Check-Up and blood donation camp. I can assure at least 150-200 units of blood. Looking forward to a favourable reply.

Thank You

Yours Faithfully

Principal

Principal

**Government First Grade College
Channapatna - 562160.**

**Department of Colligate Education
Government First Grade College Channapatna-562 160**

**Circular
Youth Red Cross Wing**

11-03-2019

Youth Red Cross Wing of the college is organising massive health check-up and blood donation camp on 20 March 2019 in the college premises. Students are hereby informed to actively participate in the camp and make it a grand success. Youth Red Cross Wing also seeks the support of all teaching and non-teaching staff. Red cross volunteers have to contact the Youth Red Cross Wing Nodal Officer for briefing.

Thank You



Nodal Officer

**Dr. HARISH M G.
Nodal Officer Youth Red Cross
Govt. First Grade College
Channapatna.**



Principal


Principal


**Government First Grade College
Channapatna - 562160.**

Academic Year 2018-19.

Youth Red Cross Unit invited the team of doctors from the prestigious medical institutes of Bangalore- Victoria and Vani Vilas and Bangalore dental research institute. Youth Red Cross Wing was able to get on board a team of 20 eminent doctors and 18 assistants for the health and blood check-up camp. The team involved renowned gynaecologist, Dermatologist, Physicians and Dental Surgeons. On 20 March 2019 the camp ran from 9 am to 5.30pm.

1. Hailing from villages most of the girls from our college don't have adequate information or access to health and hygiene. Eminent Gynaecologist from Vani Vilas Hospital, Bangalore Dr. Suma had interactive session exclusively with girls and later on provided free counselling and consultation to the students. More than 130 students consulted her and took her timely advice for the suitable remedy they faced.
2. Consulting a dermatologist at a taluk level or at the primary health care centre of the villages is a rarity. Though Most of the students suffer from skin allergies, acnes, pimples, fungal infection etc they hardly have the privilege of consulting a dermatologist. Fully cognisant of the fact YRC invited a dermatologist from Victoria hospital. As many as 236 students consulted him.
3. Oral and dental care is largely neglected in rural India. People lack knowledge about it. Dental care is almost inaccessible to them. Extraction, root canal, filling up, cleaning of tooth are all expensive process. Students of our college can hardly afford it. YRC arranged for a team of dental surgeons from Bangalore dental research institute. A caravan with modern state of the art facilities for dental care also made its way to the premises. A talk on maintaining oral hygiene was also delivered by a dental surgeon. 208 students took the benefit of it.
4. Most of the students of our college are malnourished, anaemic and suffering from lack of Haemoglobin. 220 twenty students consulted the general physicians and took prescriptions from them. Calcium Tablets and Folic acid was distributed free of cost.


Dr. HARISH M. C.
Nodal Officer Youth Red Cross Wing
Govt. First Grade College
Channarayana.


Principal
Government First Grade College
Channarayana - 562160.



A happy father to see his daughter's broken tooth reconstructed by a dentist 2019



Dental Cleaning 2019



Awareness on oral care 2019



How to brush the teeth and maintain oral hygiene 2019




Mobile vehicle for dental cleaning, Extraction and refilling 2019



A team of 20 eminent doctors and 18 assistants for the health check-up camp from Bangalore Victoria, Vani Vilas and Bangalore dental research institute. The team involved renowned gynaecologist, Dermatologist, Physicians and Orthodontists.


Dr. HARISH M.G.
Nodal Officer Youth Red Cross
Govt. First Grade College
Channapatna.


Principal
Government First Grade College
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